# Washington Township Historical Society



## MAR - APR, 2020

VOL. 44	NO. 02
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### **MEETING DATE: MONDAY, MARCH 23, 2020 CANCELLED** MARCH MEETING CANCELLED

Washington Township Historical Society Editor: Al Minard

#### Members and friends of Washington Township Historical Society,

We are sorry to inform you that our meeting scheduled for March 23, 2020 will be cancelled due to the Coronavirus (COVID-19).

However we have some great speakers lined up for when the City of Fremont and this virus will let us meet again. Our future speakers are: Moina Shaiq on Muslim Heritge; Brian Barlow on the Hornet; Al Minard on the Nike Missile Sites. and Paul Sethy on a subject to be determined.

We are including information from Kaiser about COVID-19 and also information from the City of Fremont. Please be safe and we are looking forward to seeing you at our May 25, 2020 meeting.

### **General COVID-19 information**

### provided by Kaiser Hospital

### What is the coronavirus?

The new coronavirus is a type of virus that causes coronavirus disease 2019 (COVID-19) an infection of the airways and lungs. It's part of the same family of coronaviruses that causes the common cold. Symptoms may appear 2 to 14 days after exposure.

What are the symptoms? Patients with COVID-19 have had mild to severe symptoms of fever, cough, or shortness of breath —

similar to the flu. Symptoms appear to be more severe in the elderly and people with chronic conditions. The latest data shows that about 80% of people with COVID-19 will show no or very mild signs of illness. Most people who get it will not need to visit their doctor and will recover on their own.

How does it spread?

We now know the virus is spread from person to person — mainly between people who are in close contact with one another (within about 6 feet) — through tiny droplets made when an infected person coughs or sneezes.

### INFORMATION FROM THE CITY OF FREMONT

The City of Fremont is deeply aware of the community's concerns related to the Coronavirus Disease 2019 (COVID-19) pandemic and we are closely following updates from the Alameda County Public Health Department, Centers for Disease Control (CDC), and Fremont Fire Department. We are ready to respond accordingly.

At this time, the CDC believes that public's risk of exposure to COVID-19 is low. We take the health and safety of our participants and personnel very seriously. The Alameda County Public Health Department has confirmed the fourth positive case of COVID-19 and has announced new recommendations and guidance to protect Alameda County residents from COVID-19.

#### The City of Fremont is following these recommendations:

Guidance for Persons at Higher Risk – Older people and people with certain underlying health conditions like heart disease, lung disease and diabetes, for example, may be at greater risk of serious illness. Persons at higher risk of severe illness from COVID-19 should stay home and away from crowded social gatherings as much as possible. These types of gatherings include, but are not limited to parades, conferences, sporting events, and concerts where large numbers of people are within arm's length of one another. Those considered at higher risk include:

People over 60 years of age. The risk increases significantly thereafter and escalates with age, with persons over age 80 in the highest risk category.

People, regardless of age, with underlying health conditions including cardiovascular disease, diabetes, cancer, heart disease, or chronic lung diseases like COPD, as well as those with severely weakened immune systems.

### **Doing our Part**

The City of Fremont Recreation Services Division is allowing some flexibility in our refund policy through April 30, 2020. If you are not feeling well, have concern for your well-being, or want to cancel your facility rental; we are currently waiving the cancellation fee (or non-refundable deposits) until April 30, 2020. To receive a refund, submit the refund request form. For more information or clarification please contact the Recreation Registration Desk at (510) 494-4300. It is our number one priority to encourage everyone to remain healthy.

We will continue to clean and disinfect common areas in the workplace, community centers, conference rooms, and restrooms in all City Facilities. Door knobs, water fountains, tables and fixtures are being sanitized nightly and in classrooms between programs.

The City will continue to monitor inform and educate the community and employees through communications platforms. The City's dedicated web page is being updated regularly: www. Fremont.gov/Coronavirus

Please check your email for updates to specific programs. You may also want to double check your RegeRec account to ensure we have the correct email address for you.

#### Programs, Camps, Events, & Rentals

Currently standard recreation classes and programs are continuing as planned, but we will continue to evaluate as information is shared.

At this time we are cancelling events that are expecting attendance greater than 250 people. If you have registered for an event or program that is cancelled, we will send an email and you will receive a refund.

For programs that are held at school sites, we will follow the school districts lead hosting, cancelling or postponing programs.

#### **Health & Safety Reminders**

Practice "social distancing" to the degree possible, meaning six feet from one another.

Wash your hands often with soap and water for at least 20 seconds; especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not available, use an alcohol-based hand sanitizer with 60%-95% alcohol.

Avoid touching your eyes, nose, and mouth with unwashed hands.

Avoid close contact with people who are sick.

Stay home when you are sick.

Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

Clean and disinfect frequently touched objects and surfaces.

Individuals with chronic health issues and/or individuals experiencing severe symptoms should be evaluated by a medical professional.

Consult with your healthcare provider if you or your household members are at high risk for COVID-19 complications.

Regular use of these measures will help increase community preparedness and resilience for responding to the outbreak.

The City of Fremont will continue to monitor the situation and make adjustments as necessary. The Fremont Fire Department continues to lead the City's response to COVID-19 at the direction of the Alameda County Public Health Department, the Alameda County Office of Education, and the Fremont Unified School District, in coordination with the Centers for Disease Control and Prevention.

We encourage you to stay informed and monitor the information provided by the City of Fremont, Fremont Unified School District and our Public Health agencies.



## MARCH 23, 2020, MEETING CANCELLED DUE TO CORONAVIRUS

NEW MEMBERSHIP DUES FOR SINGLE ADDRESS					
ONE-YEAR \$10,	FIVE-YEAR \$40	TEN-YEAR \$7	0 PATRON:	\$50.00 for one year	
NAME			PHONE		
ADDRESS					
CITY		STATE		_ZIP	
E-Mail Address MAIL CHECK TO: Wash	nington Township Histo	orical Society	PO BOX 3045 I	FREMONT, CA 94539	

